

## About Us

After more than a decade of home health experience, our founder started Promise Home Care to make an agency that met a higher standard. We knew that with the right commitment, we could run an agency that was more personable, more reliable, and better staffed. Promise Home Care is the expression of our personal need to just do better by home health clients. Promise Home Care is here for you and your needs. We are a state-licensed home health agency providing personal aide services to our neighbors in the Florida counties of Orange, Osceola, Seminole, and Brevard.



**David Clites, MS-HSA**  
CEO, Owner & Founder



David's passion for healthcare and the community drove him to create Promise Home Care. The goal of David and his team is to create transparency and consistency to ensure a pleasant and memorable experience in every life touched. Between his dogs and active lifestyle, David never fails to bring full energy and passion into Promise Home Care.

**Chris Sugden**  
Director of Operations



Chris's vast experience enriches our agency with top quality training, marketing strategies and continuing education. His main focus is to hire and train the most compassionate caregivers in the industry, which he feels is paramount to providing the care needed by our clients. Chris's strong sense of community and family pervades the Promise mindset.

**Alba Alonso**  
Client Relations Specialist



Alba's passion for serving began in her early teens. Seeing loved ones experience Alzheimer's, brain surgeries, amputation, paralysis, and cancer activated her gift of compassion and desire to be a resource for many. She enjoys connecting with people and living life to the fullest.



Dedicated to quality. Committed to you.



## Private Duty Services

1133 Louisiana Ave, Suite 114  
Winter Park, Florida 32789

Phone: 407-986-1140

Fax: 407-986-6050

[promisecarefl.com](http://promisecarefl.com)

AHCA License #: 299994705



## Supporting Your Quality of Life

We provide skillful, experienced caregivers to assist you wherever you call home.

We come to you, whether you are in your private home, assisted living, skilled nursing facility, hospital, or rehab center. Having trustworthy caregivers with you, a few hours per week to 24 hours per day, can truly make a world of difference. We promise convenience, comfort, health, safety, and a better quality of life for our clients.

### Not Just for Seniors

People often think of home care as senior care. In addition to helping seniors, we help adults of all ages. This includes new mom care, post-surgical care, support for adults with disabilities, and more. Inquire today about how we can help you at any stage of your life.

### In Home & Out

Quality of life involves more than just help around the home. Promise Home Care offers service in home and out. This includes: running errands, shopping, transportation assistance, accompaniment to medical appointments, hospital attendant service, and more. Our commitment to you is to make life and care easier.



## Hourly to 24-Hour Service

Whether you request personal aide services a few hours per week or 24 hours per day, our promise is to be there when you need us. We are available mornings, days, nights, weekends, and holidays. Your comfort and health at home is our number one priority, 24 hours per day.

## Home Care Services

### Personal Care

- Bathing assistance
- Skin care
- Dressing
- Grooming
- Mobility assistance
- Health monitoring
- Special diets
- Medication reminders
- *and more!*

### Companionship

- Hobbies and crafts
- Playing games
- Assist with letters, emails, and social media
- Supervision if risk of wandering/self-injury
- Hospital bedside care
- Supplemental hospice care
- *and more!*

### Homemaking

- Light housekeeping
- Meal preparation
- Laundry
- Making/changing the bed
- Helping with organization
- Grocery shopping
- Errands
- *and more!*

### Respite Care

- Relief for family caregivers to rest/relax, vacation, attend appointments, work, etc.

## Peace of Mind

Our mission is to enhance the quality of life for all and contribute to their well-being by providing outstanding care, one person, friend, family, and neighbor at a time. Your care is personalized based upon your individual needs. Promise Home Care provides concierge-level service by taking a whole-person approach with professionalism and friendliness. We will listen to your concerns, answer any and all questions, and provide service that is tailored to you.

### Long-Term Care Insurance?

We have you covered! Our experts can explain your policy, then help initiate your claim so you can take advantage of all the benefits you're entitled to. We bill all long-term care insurance companies directly and help you with the entire process.

*Call for a free, in-home consultation!  
We are available 24/7.*

# 407-986-1140

